

Wagamama Menu Prices 2026

Every Wagamama item we hold, in the chain's own menu sections, with the price and the calories beside it. Prices are set branch by branch, so treat these as the figure to expect rather than a guarantee.

92 items

24 priced

75 with calories

11-988 kcal

78 with an allergen list

Curry

ITEM	PRICE	CALORIES	ALLERGENS
chicken firecracker bold + fiery. mangetout. peppers. onion. hot red chillies. sesame seeds. shichimi. white rice (1,239 kcal)	varies by branch	239 kcal	3
chicken katsu curry panko-breaded chicken in curry sauce with sticky rice and side salad	£14.50	988 kcal	4
chicken raisukaree mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,092 kcal)	£12.95*	92 kcal	2
hot chicken katsu curry panko chicken. sticky white rice. spicy katsu curry sauce. dressed salad. pickles (1,115 kcal)	varies by branch	115 kcal	5
hot yasai katsu curry panko sweet potato, aubergine and butternut squash. sticky white rice. spicy katsu curry sauce. dressed...	varies by branch	350 kcal	4
prawn firecracker bold + fiery. mangetout. peppers. onion. hot red chillies. sesame seeds. shichimi. white rice (1,139 kcal)	varies by branch	139 kcal	4
prawn raisukaree mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,022 kcal)	£13.95*	22 kcal	3
tofu firecracker bold + fiery. mangetout. peppers. onion. hot red chillies. sesame seeds. shichimi. white rice (1,252 kcal)	£17.85*	252 kcal	3
tofu raisukaree mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,135 kcal)	£17.30*	135 kcal	2
yasai katsu curry yasai sweet potato, aubergine and butternut squash. sticky white rice. katsu curry sauce. dressed salad...	£10.25*	223 kcal	3

Hot Pots

ITEM	PRICE	CALORIES	ALLERGENS
chilli chicken ramen ramen noodles. spicy chicken broth. onion. beansprouts. coriander. chilli. lime (541 kcal)	£11.95–£18.40*	541 kcal	4
grilled chicken ramen marinated chicken. ramen noodles. rich chicken broth. pea shoots. menma. spring onion (456 kcal)	varies by branch	456 kcal	4
kare burosu ramen shichimi-coated silken tofu. udon noodles. curried vegetable broth. mushrooms. pea shoots. carrot. chilli...	£17.30*	706 kcal	4
tantanmen beef brisket ramen ramen noodles. extra rich chicken broth. menma. kimchee. spring onion. coriander. chilli oil. tea-stained egg...	varies by branch	713 kcal	4

Soft Drinks

ITEM	PRICE	CALORIES	ALLERGENS
cloudy lemonade use our restaurant locator to find your nearest wagamama	£4.25*	86 kcal	none listed
coke use our restaurant locator to find your nearest wagamama	£1.65*	139 kcal	—
diet coke use our restaurant locator to find your nearest wagamama	£1.65*	—	—
peach iced tea use our restaurant locator to find your nearest wagamama	£4.25*	52 kcal	none listed
sprite zero use our restaurant locator to find your nearest wagamama	varies by branch	—	—

Teppanyaki

ITEM	PRICE	CALORIES	ALLERGENS
chicken + prawn yaki soba noodles. egg. peppers. beansprouts. fresh + crispy onions. pickled ginger. sesame seeds (789 kcal)	varies by branch	789 kcal	5
chicken teriyaki soba noodles. mangetout. bok choy. onion. chilli. beansprouts. sesame seeds (769 kcal)	varies by branch	769 kcal	5
saku saku duck soba crispy duck. noodles. amai sauce. egg. beansprouts. leek. spring onion. chilli. spicy teriyaki sauce (may...	varies by branch	933 kcal	4
steak teriyaki soba noodles. mangetout. bok choy. onion. chilli. beansprouts. sesame seeds (864 kcal)	varies by branch	864 kcal	5

ITEM	PRICE	CALORIES	ALLERGENS
yasai yaki soba mushroom noodles. peppers. beansprouts. fresh + crispy onions. pickled ginger. sesame seeds (768 kcal)	varies by branch	768 kcal	4
yasai yaki soba rice noodles noodles. peppers. beansprouts. fresh + crispy onions. pickled ginger. sesame seeds (660 kcal)	varies by branch	660 kcal	3
yasai yaki soba udon noodles. peppers. beansprouts. fresh + crispy onions. pickled ginger. sesame seeds (638 kcal)	varies by branch	638 kcal	3

And To Finish

ITEM	PRICE	CALORIES	ALLERGENS
banana katsu fresh panko banana. vegan miso caramel ice cream. toffee sauce (327 kcal)	varies by branch	327 kcal	2
chocolate brownie filled with mini chocolate chips. icing sugar (422 kcal)	varies by branch	422 kcal	3
coconut reika ice cream three scoops with coconut flakes + passion fruit sauce (409 kcal)	varies by branch	409 kcal	none listed
lemon yuzu muffin drizzled with tangy yuzu sauce (452 kcal)	varies by branch	452 kcal	4
miso caramel ice cream three scoops with toffee sauce (418 kcal)	varies by branch	418 kcal	1
smoked chocolate caramel cake smoked chocolate mousse. salted caramel. crushed biscuits. chocolate fudge brownie. chocolate ganache...	varies by branch	492 kcal	4
white chocolate + ginger cheesecake creamy cheesecake with a biscuit base + a zingy ginger twist. toffee sauce. ginger icing sugar (487 kcal)	varies by branch	487 kcal	3

Beers & Cider

ITEM	PRICE	CALORIES	ALLERGENS
asahi 330ml dry + crisp with a clean finish	varies by branch	—	—
asahi zero 330ml can. alcohol-free lager (83 kcal)	varies by branch	83 kcal	—
jubel peach lager craft lager cut with fruit to refresh. served over ice	varies by branch	—	—
sxollie cider sweet, crisp and made purely with green apples	varies by branch	—	—

Cocktails

ITEM	PRICE	CALORIES	ALLERGENS
lychee blush sangria yuzu + lychee cordial paired with pink pinot blush. grapefruit. orange	varies by branch	—	1
roku g+t japanese craft roku gin with light or regular tonic wate	varies by branch	—	none listed
thai chilli margarita smooth tequila, chilli liqueur and coconut syrup. lime. bird's eye chilli. chilli + lime salt rim	varies by branch	—	1

Desserts

ITEM	PRICE	CALORIES	ALLERGENS
vanilla pod ice cream with passion fruit sauce one scoop of vanilla ice cream + passion fruit sauce (138 kcal)	varies by branch	138 kcal	1
vanilla pod ice cream with toffee sauce one scoop of vanilla ice cream + toffee sauce (145 kcal)	varies by branch	145 kcal	1

Donburi

ITEM	PRICE	CALORIES	ALLERGENS
grilled duck donburi spicy teriyaki sauce. carrots. mangetout. sweet potato. cucumber. onion. fried egg. kimchee. sticky white...	varies by branch	129 kcal	4

Extras

ITEM	PRICE	CALORIES	ALLERGENS
chillies add a little extra spice (8 kcal)	£1.60*	—	none listed
katsu pickles use our restaurant locator to find your nearest wagamama	varies by branch	—	2
kimchee spicy fermented cabbage + radish with garlic. (11 kcal)	£1.00*	11 kcal	1
tea-stained egg a boiled egg marinated in tea (69 kcal)	varies by branch	69 kcal	2

Gyoza

ITEM	PRICE	CALORIES	ALLERGENS
beef brisket + kimchee steamed. zingy yuzu sauce (232 kcal)	varies by branch	232 kcal	4

ITEM	PRICE	CALORIES	ALLERGENS
chicken steamed. chilli, soy and sesame sauce (195 kcal)	varies by branch	195 kcal	3
duck fried. sweet cherry hoisin sauce (may contain small bones) (313 kcal)	varies by branch	313 kcal	4
yasai vegetable steamed. spiced vinegar sauce (208 kcal)	varies by branch	208 kcal	3

Hot Drinks

ITEM	PRICE	CALORIES	ALLERGENS
iced matcha + strawberry latte ceremonial grade matcha served with oat over ice (141 kcal)	varies by branch	141 kcal	none listed

Kids' Noodles

ITEM	PRICE	CALORIES	ALLERGENS
chicken katsu with amai sauce white rice. carrots. cucumber. sweetcorn. amai sauce on the side (397 kcal)	varies by branch	397 kcal	3
chicken katsu with katsu curry sauce white rice. carrots. cucumber. sweetcorn. katsu curry sauce on the side (419 kcal)	varies by branch	419 kcal	3
yasai katsu with amai sauce breaded sweet potato + butternut squash. sticky rice. carrots. cucumber. sweetcorn (517 kcal)	varies by branch	517 kcal	2
yasai katsu with katsu curry sauce breaded sweet potato + butternut squash. sticky rice. carrots. cucumber. sweetcorn (539 kcal)	varies by branch	539 kcal	2

Non-Gluten And To Finish

ITEM	PRICE	CALORIES	ALLERGENS
coconut reika ice cream gf three scoops served with coconut flakes + passion fruit sauce (409 kcal)	varies by branch	409 kcal	none listed
miso caramel ice cream gf three scoops with toffee sauce (418 kcal)	varies by branch	418 kcal	1

Non-Gluten Drinks

ITEM	PRICE	CALORIES	ALLERGENS
cherry blossom lemonade cherry blossom + cloudy lemon syrup with soda. dried rose petals (110 kcal)	varies by branch	110 kcal	none listed
high five melon. pineapple. lemon. apple. orange juice (120 kcal)	varies by branch	120 kcal	none listed
marlborough sauvignon blanc use our restaurant locator to find your nearest wagamama	varies by branch	—	—
merlot smooth. medium-bodied. chile	varies by branch	—	1
organic prosecco use our restaurant locator to find your nearest wagamama	varies by branch	—	—
pinot grigio blush use our restaurant locator to find your nearest wagamama	varies by branch	—	—
positive pineapple. lime. spinach. cucumber. apple (122 kcal)	varies by branch	122 kcal	none listed
power spinach. apple. fresh ginger (138 kcal)	varies by branch	138 kcal	none listed
sparkling water use our restaurant locator to find your nearest wagamama	£1.50*	—	—
still water use our restaurant locator to find your nearest wagamama	£1.50*	—	—
tropical mango. apple. orange juice (139 kcal)	varies by branch	139 kcal	none listed

Non-Gluten Mains

ITEM	PRICE	CALORIES	ALLERGENS
chicken raisukaree curry mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,092 kcal)	varies by branch	92 kcal	2
prawn raisukaree curry mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,022 kcal)	varies by branch	22 kcal	3
tofu raisukaree curry mild + warming. coconut curry sauce. mangetout. peppers. onion. chilli. sesame seeds. white rice (1,135 kcal)	varies by branch	135 kcal	2

Non-Gluten Sides & Sharing

ITEM	PRICE	CALORIES	ALLERGENS
edamame with chilli garlic salt beans with chilli + garlic salt (287 kcal)	varies by branch	287 kcal	1
edamame with salt beans with salt (280 kcal)	£4.50*	280 kcal	—
lollipop prawn kushiyaki three grilled prawn skewers, marinated in zesty lemongrass + chilli. served with a caramelised lime (184 kcal)	£9.35*	184 kcal	3
wok-fried greens cooked in a flavourful garlic + soy sauce (163 kcal)	£6.60*	163 kcal	1

Noodles

ITEM	PRICE	CALORIES	ALLERGENS
chicken yaki soba noodles. sweet amai sauce. egg. mangetout. peppers. sweetcorn (394 kcal)	varies by branch	394 kcal	3
yasai yaki soba tofu. noodles. sweet amai sauce. egg. mangetout. peppers. sweetcorn. (404 kcal)	£9.25*	404 kcal	3
yasai yaki soba udon noodles tofu. udon noodles. sweet amai sauce. mangetout. peppers. sweetcorn. (332 kcal)	varies by branch	332 kcal	2

Ramen

ITEM	PRICE	CALORIES	ALLERGENS
chicken ramen noodles. chicken broth. carrots. pea shoots. sweetcorn (358 kcal)	£10.25–£16.45*	358 kcal	3
yasai ramen tofu. noodles. veggie broth. carrots. pea shoots. sweetcorn (317 kcal)	varies by branch	317 kcal	3
yasai ramen rice noodles tofu. rice noodles. veggie broth. carrots. pea shoots. sweetcorn (295 kcal)	varies by branch	295 kcal	1
yasai ramen udon noodles tofu. udon rice noodles. veggie broth. carrots. pea shoots. sweetcorn (295 kcal)	varies by branch	295 kcal	2

Rice

ITEM	PRICE	CALORIES	ALLERGENS
chicken cha han chicken. white rice. egg. carrots. mangetout. sweetcorn. sweet amai sauce (387 kcal)	varies by branch	387 kcal	2
yasai cha han tofu. white rice. egg. carrots. mangetout. sweetcorn. sweet amai sauce (397 kcal)	£9.50*	397 kcal	2

Wines

ITEM	PRICE	CALORIES	ALLERGENS
kaori sake sweet + rounded with a crisp aroma. reminiscent of melon + banana	varies by branch	—	—

Sides

ITEM	PRICE	CALORIES	ALLERGENS
bang bang cauliflower spicy firecracker sauce. onion. ginger (447 kcal)	£8.40*	447 kcal	2
chilli squid shichimi. chilli + coriander dipping sauce (411 kcal)	£6.95–£9.35*	411 kcal	3
hot honey fried chicken teriyaki mixed pickles + zesty vegan mayo on the side (806 kcal)	varies by branch	806 kcal	3
korean barbecue brisket fresh asian slaw. sriracha vegan mayo (521 kcal)	varies by branch	521 kcal	3
oyster + shiitake mushrooms panko aubergine. vegan mayo (577 kcal)	varies by branch	577 kcal	3

Starters

ITEM	PRICE	CALORIES	ALLERGENS
koko 'prawn' crackers chilli + lime salt. sweet chilli dipping sauce (255 kcal)	varies by branch	255 kcal	1

Where these figures come from. Prices: third-party: pricelisto (11); third-party: menuspot (9); third-party: menuspot, pricelisto (3); Wagamama official site (1).

Allergens: Wagamama dish allergen information (wagamama.com, September 2026) (78). The allergen column counts the regulated allergens the chain declares for that item. The item's own page names them.

* marks a price taken from a dated third-party listing rather than the chain itself. A shared kitchen means cross-contact is always possible, so ask staff in the restaurant if an allergy is severe.

Compiled September 2026 by ukmenuprices.co.uk. The live page for this chain is ukmenuprices.co.uk/wagamama-menu-with-prices.