

Nando's Menu Prices 2026

Every Nando's item we hold, in the chain's own menu sections, with the price and the calories beside it. Prices are set branch by branch, so treat these as the figure to expect rather than a guarantee.

183 items

102 priced

182 with calories

0–2317 kcal

107 with an allergen list

The Lunch Fix

ITEM	PRICE	CALORIES	ALLERGENS
Hearty Bowl Hearty Grains with Rainbow Slaw, Charred Corn, Herby Pickles and leafy greens. Make it yours and add 3 Wings...	varies by branch	432 kcal	3
Sol Bowl Our legendary Spicy Rice with Coleslaw, Charred Corn, Herby Pickles and leafy greens. Make it yours and add 3...	varies by branch	583 kcal	7
The Big Caesar Chilled pulled chicken, crunchy Cos lettuce, garlic croutons and tangy pink pickled onions, chopped and...	varies by branch	649 kcal	5

Starters

ITEM	PRICE	CALORIES	ALLERGENS
3 Wings Juicy wings, flame-grilled in your favourite spice.	varies by branch	236 kcal	—
Cheesy Garlic Pitta A toasted sourdough pitta oozing with melty cheddar cheese, garlic, spring onions and a hint of PERi-PERi...	£4.95*	597 kcal	2
Chicken Chorizo Grilled chicken chorizo, spiced with smoked paprika and garlic, then drizzled with PERi-Honey. No pork. Not a...	varies by branch	340 kcal	—
Dare to share Choose any three starters.	£9.95*	—	—
Halloumi Sticks & Chilli Jam Five chunky sticks of grilled halloumi with our chilli jam for dipping.	£4.95*	458 kcal	1
Halloumi Sticks & PERi-Honey Five chunky sticks of grilled halloumi with PERi-Honey for dipping.	£4.95*	526 kcal	1
Houmous with PERi-PERi Drizzle Served with warm pitta triangles.	£4.50*	792 kcal	2
PERi-PERi Nuts Crunchy almonds, cashews and macadamia nuts in a fiery PERi-PERi seasoning.	£3.75*	793 kcal	5

ITEM	PRICE	CALORIES	ALLERGENS
Spicy Mixed Olives Juicy olives with garlic, peppers and mushrooms.	£3.75*	138 kcal	—
Sweet Potato Wedges Served with our Garlic PERinaise. 10p from every plate goes towards fighting malaria in our homeland Southern...	£4.95*	398 kcal	—

Flying Solo

ITEM	PRICE	CALORIES	ALLERGENS
1/4 Chicken Meal 1/4 Chicken, any regular side and a Bottomless Drink. Great with PERi-Salted Chips.	£4.10–£5.50*	289 kcal	—
2 Boneless Thighs Meal 2 Boneless Chicken Thighs, any regular side and a Bottomless Drink. Great with PERi-Salted Chips.	varies by branch	353 kcal	—

PERi-PERi Chicken

ITEM	PRICE	CALORIES	ALLERGENS
1/2 Chicken A chicken breast and a leg, served on the bone with crispy skin. Flame-grilled in your favourite spice.	£8.70*	579 kcal	—
1/4 Chicken A chicken breast or leg, served on the bone with crispy skin and flame-grilled in your favourite spice.	£5.25*	289 kcal	—
10 Chicken Wings Flame-grilled in your favourite spice and perfect for sharing.	£11.95*	786 kcal	—
10 Extra Saucy Wings 10 Chicken Wings flame-grilled in your favourite spice and PERi-Tamer then drizzled with our creamy yoghurt...	£13.25*	958 kcal	3
3 Chicken Wings Juicy wings, flame-grilled in your favourite spice.	£4.95*	236 kcal	—
3 Extra Saucy Wings 3 Chicken Wings flame-grilled in your favourite spice and PERi-Tamer then drizzled with our creamy yoghurt...	£5.75*	299 kcal	3
4 Boneless Chicken Thighs Flame-grilled with crispy skin and served in your favourite spice.	£8.95*	706 kcal	—
5 Chicken Wings Juicy wings, flame-grilled in your favourite spice.	£6.95*	393 kcal	—
5 Extra Saucy Wings 5 Chicken Wings flame-grilled in your favourite spice and PERi-Tamer then drizzled with our creamy yoghurt...	£8.00*	513 kcal	3
Chicken Butterfly Two chicken breasts joined by crispy flame-grilled skin.	£8.95*	332 kcal	—

ITEM	PRICE	CALORIES	ALLERGENS
Chicken Livers & Rustic Portuguese Roll Served in a rich, garlicky sauce made with PERi-PERi, tomatoes, onion and warming chilli. Great with Spicy...	£9.50*	653 kcal	3
Whole Chicken Two breasts and two legs, served on the bone and flame-grilled in your favourite spice.	£15.25*	1159 kcal	—
Wing Roulette 10 Wings, different spices. Who knows what you'll get.	£12.75*	893 kcal	—

Burgers, Pittas, Wraps

ITEM	PRICE	CALORIES	ALLERGENS
Beanie Burger A beanie patty made with cheddar cheese, chickpeas, sweetcorn, lentils, peas and pumpkin seeds. Served in our...	£8.50*	562 kcal	4
Beanie Pitta A beanie patty made with cheddar cheese, chickpeas, sweetcorn, lentils, peas and pumpkin seeds. Served in a...	£8.50*	632 kcal	4
Beanie Wrap A beanie patty made with cheddar cheese, chickpeas, sweetcorn, lentils, peas and pumpkin seeds. Served in a...	£8.50*	644 kcal	5
Butterfly Burger Two chicken breasts joined by crispy skin, served in our rustic Portuguese roll with PERi-Tomato relish...	£11.25*	651 kcal	3
Double Chicken Burger Two chicken breasts grilled in your favourite spice. Served in our rustic Portuguese roll with PERi-tomato...	£11.25*	581 kcal	2
Double Chicken Pitta Two chicken breasts, grilled in your favourite spice. Served in a toasted pitta with Lemon & Herb mayo and...	£12.50*	691 kcal	1
Double Chicken Wrap Two chicken breasts grilled in your favourite spice. Served in a wrap with lettuce, lightly spiced yoghurt...	£12.50*	742 kcal	4
Fino Pitta A toasted pitta filled with two flame-grilled chicken thighs or a chicken breast with grilled halloumi...	£10.25*	838 kcal	3
Garlic Churrasco Burger Two flame-grilled chicken thighs or a grilled chicken breast with pink pickled onions, mixed salad leaves and...	£10.95*	787 kcal	2
Grilled Chicken Burger Chicken breast grilled in your favourite spice. Served in our rustic Portuguese roll with PERi-tomato relish...	£7.75*	443 kcal	2
Grilled Chicken Pitta A chicken breast, grilled in your favourite spice. Served in a toasted pitta with Lemon & Herb mayo and...	£8.50*	508 kcal	1

ITEM	PRICE	CALORIES	ALLERGENS
Grilled Chicken Wrap Chicken breast grilled in your favourite spice. Served in a wrap with lettuce, lightly spiced yoghurt mayo...	£8.50*	514 kcal	4
Sunset Burger Two flame-grilled chicken thighs or a grilled chicken breast with melting cheddar cheese, smoky red pepper...	£9.25*	723 kcal	3
The Big Cheese Grilled halloumi topped with our red pepper and pineapple salsa, sliced avocado and Churrasco PERinaise...	£9.25*	748 kcal	4
The Great Imitator Wrap Our new PERi-Plant Fillet, grilled in your favourite spice and sliced. Served in a wrap with Garlic...	£8.50*	486 kcal	4

Salads & Bowls

ITEM	PRICE	CALORIES	ALLERGENS
Caesar Salad Crunchy cos lettuce in our rich, creamy dressing topped with grated Italian hard cheese and herby toasted...	£9.25*	477 kcal	5
Mediterranean Salad Mixed leaves, semi-dried and sweet baby tomatoes, olives, feta, cucumber moons and pink pickled onions...	£9.25*	350 kcal	1
Spicy Rice Bowl Our legendary spicy rice with Tenderstem broccoli, crunchy rainbow slaw, pickled cauliflower and houmous with...	£9.95*	600 kcal	3

Sharing Platters

ITEM	PRICE	CALORIES	ALLERGENS
All-in Platter Whole Chicken with two large or four regular sides and two bottomless soft drinks.*	£35.50*	1157 kcal	—
Boneless Platter Chicken Butterfly and 4 Boneless Chicken Thighs with two large sides or four regular sides.	£29.25*	1037 kcal	—
Family Platter Two Whole Chickens and five large sides.	£57.50*	2317 kcal	—
Full Platter Whole Chicken with two large or four regular sides.	£27.95*	1159 kcal	—
XL Wing Platter 15 Chicken Wings with 2 large or 4 regular sides.	£28.25*	1178 kcal	—

Nandinos (Kids)

ITEM	PRICE	CALORIES	ALLERGENS
Bottomless Soft Swirl Tub Fill a tub with unlimited vanilla ice cream made with Jersey cow's milk.	£3.50*	189 kcal	1
Buttermilk Pancakes (Nandinos (Kids)) Two pancakes served with bananas, blueberries and a side of honey or maple syrup.	varies by branch	332 kcal	5
Chicken Breast Chicken breast with a hint of PERi-PERi. Not sure what spice to get? Nandinos love PERi-Tamer.	£6.25*	138 kcal	—
Egg On Toast A poached, fried or scrambled egg on a slice of malted brown or white bloomer.	varies by branch	224 kcal	4
Little Pitta Chicken breast with lettuce, Lemon & Herb mayo and Heinz ketchup.	£6.25*	302 kcal	2
Mac & Cheese Creamy, cheesy macaroni - a classic.	£6.25*	435 kcal	3
Nandino Burger Grilled chicken breast with lettuce, Lemon & Herb mayo and Heinz ketchup in our new soft roll.	varies by branch	284 kcal	4
Pip Organic Cloudy Apple Juice 180ml. Cloudy with 100% chance of apples. And it's one of their five-a-day. You couldn't predict that.	£6.25*	77 kcal	—
Pip Organic Pineapple & Mango Smoothie 180ml. 100% organic fruit, whizzed up into a smooooothie. And it's one of their five-a-day.	£6.25*	95 kcal	—

Sides

ITEM	PRICE	CALORIES	ALLERGENS
Charred Corn Smoky sweetcorn in a creamy, garlicky sauce topped with fresh spring onions and a sprinkle of PERi-Salt.	£5.00*	255 kcal	—
Chips Everyone's favourite side.	£4.25*	496 kcal	—
Coleslaw Crunchy chopped veg in a lightly spiced, herby mayo.	£4.25*	233 kcal	2
Corn on the Cob Crunchy, sweet and flame-grilled. Served with butter.	£4.25*	142 kcal	1
Creamy Mash Creamy and comforting. Try mixing it with your go-to PERi-PERi Sauce or PERi-PERi Drizzle.	£4.25*	308 kcal	1

ITEM	PRICE	CALORIES	ALLERGENS
Fully Loaded Chips PERi-Salted Chips and succulent pulled chicken in your chosen spice. Topped with melty cheddar cheese, spring...	£8.75*	1174 kcal	1
Garlic Bread Buttery, garlicky and grilled for the perfect crunch.	£4.25*	372 kcal	2
Hearty Grains Warm mixed grains with green chickpeas, butternut squash and dried cranberries, tossed in lemon and oil and...	varies by branch	245 kcal	1
Macho Peas With mint and a bit of chilli.	£4.25*	155 kcal	—
PERi-Mac & Cheese Cheesy macaroni with a crunchy, garlicky PERi-PERi crumb topping.	£5.25*	494 kcal	3
PERi-Salted Chips Crispy chips sprinkled with PERi-PERi Salt.	£4.25*	498 kcal	—
Portuguese Tomato Salad A trio of lightly dressed semi-dried, sweet baby and salad tomatoes with cucumber moons and pink pickled...	£5.00*	136 kcal	—
Rainbow Slaw A fresh mix of crunchy veg in a tangy dressing with a sprinkle of PERi-PERi seeds.	£4.25*	132 kcal	—
Rostinas Crunchy, fluffy potatoes spiced with smoked paprika. Served with Garlic Aioli and PERi-PERi Drizzle on the...	varies by branch	447 kcal	1
Spicy Rice Rice with a little bit of spice.	£4.25*	246 kcal	3
Tenderstem Broccoli Dressed in garlic and lemon oil.	£4.25*	32 kcal	—

Dips & Extras

ITEM	PRICE	CALORIES	ALLERGENS
1/2 Avocado Ripe and ready.	£2.25*	149 kcal	1
2 Boneless Chicken Thighs Flame-grilled in your favourite spice.	£5.00*	353 kcal	—
Beanie Patty Made with cheddar cheese, chickpeas, sweetcorn, lentils, peas and pumpkin seeds.	£4.00*	261 kcal	3
Cheddar Cheese The only thing mild on the menu. Add it to a burger, pitta or wrap.	£1.00*	79 kcal	1
Chilli Jam Sweet, sticky with a little bit of spice. Great for dipping.	£1.00*	61 kcal	—

ITEM	PRICE	CALORIES	ALLERGENS
Garlic PERinaise Garlic mayo but make it Nando's.	£1.00*	176 kcal	—
Grilled Chicken Breast Marinated in PERi-PERi then grilled in your favourite spice.	£4.00*	138 kcal	—
Grilled Halloumi Cheese Two slices of soft, salty halloumi.	£2.25*	267 kcal	1
Grilled Pineapple Add it to a burger, pitta or wrap for some juicy content.	£1.00*	39 kcal	—
Herby Pickle Bowl Crunchy pickled cucumbers with a tangy kick.	varies by branch	33 kcal	—
PERi-Chicken Gravy Proper good gravy. Pour it, dunk it, drink it.	£1.95*	39 kcal	—
PERi-Honey Once you've tried it, you'll want it on everything. It's the bee's knees.	£1.25*	132 kcal	—
PERi-PERi Drizzle 20ml. A smoky, spicy PERi-PERi infused oil. Perfect for drizzling.	£1.00*	97 kcal	—
PERi-Plant Fillet Our new plant-based fillet, grilled in your favourite spice then sliced. Heads up, our allergens have changed.	varies by branch	100 kcal	2
PERinaise Mayo but make it Nando's. (Please double check the allergens as our PERinaise bottles have slightly different...	£1.00*	159 kcal	2
Portuguese Roll Our rustic Portuguese roll, riding solo. Baked in the UK and served with a side of butter.	£1.00*	278 kcal	3
Toasted Pitta Pitta patter... Soft, sourdoughy and served with a side of butter.	£1.00*	246 kcal	2
Tortilla Wrap That's a wrap.	£1.00*	275 kcal	1

Sweet Treats

ITEM	PRICE	CALORIES	ALLERGENS
All Butter Croissant Served on its own with butter or add honey or jam.	varies by branch	303 kcal	5
Buttermilk Pancakes (Sweet Treats) A stack of three pancakes served with banana, blueberries and a side of honey or maple syrup.	varies by branch	525 kcal	5
Chocolate Twist Flaky pastry with dark chocolate and custard.	varies by branch	309 kcal	5
Four Pastel de Natas Custardy, flaky, buttery - a traditional Portuguese treat, freshly baked right here every day. A box of four.	£9.00*	236 kcal	5

ITEM	PRICE	CALORIES	ALLERGENS
One Pastel de Nata Custardy, flaky, buttery - a traditional Portuguese treat, freshly baked right here every day.	£2.50*	224 kcal	5

The Classics

ITEM	PRICE	CALORIES	ALLERGENS
Banana And Blueberry Porridge Made with dairy-free Oatly and topped with pumpkin seeds. Have it on its own or with a choice of honey, maple...	varies by branch	417 kcal	1
PERi-Powered Avo Toast Smashed avocado on a soft, toasted roll topped with feta and PERi-PERi seeds.	varies by branch	425 kcal	4
Toast Two slices of malted brown or white bloomer, served on its own with butter or add honey, jam or marmite.	varies by branch	447 kcal	5

Breakfast Rolls

ITEM	PRICE	CALORIES	ALLERGENS
Sausage Breakfast Roll A juicy chicken sausage flame-grilled in your favourite spice and served in our rustic Portuguese roll with...	varies by branch	531 kcal	7
Sausage Fried Egg Roll A juicy chicken sausage flame-grilled in your favourite spice with a fried egg, served in our rustic...	varies by branch	652 kcal	7
The Daybreaker A juicy, flame-grilled chicken sausage stacked with a fried egg and two PERi-Salted hash browns. Served in...	varies by branch	1093 kcal	7
Veggie Breakfast Roll Grilled halloumi, tomato, smashed avocado and chilli jam.	varies by branch	619 kcal	5

Eggs

ITEM	PRICE	CALORIES	ALLERGENS
Chicken Benedict Succulent pulled chicken, two poached eggs and wilted spinach. Served on an English muffin with chilli jam...	varies by branch	619 kcal	6
Egg Benedict Two poached eggs, wilted spinach and chilli jam served on an English muffin and topped with PERi-Hollandaise...	varies by branch	473 kcal	6
Eggs on Toast Two poached, fried or scrambled eggs served with toasted malted brown or white bloomer.	varies by branch	656 kcal	4

ITEM	PRICE	CALORIES	ALLERGENS
Sunrise Egg Wrap Fluffy scrambled eggs with melted cheddar cheese, spinach, semi-dried tomatoes and chilli jam.	varies by branch	590 kcal	3

The Works

ITEM	PRICE	CALORIES	ALLERGENS
The Big Breakfast Flame-grilled chicken sausage with poached, fried or scrambled eggs, grilled tomatoes, mushrooms, baked beans...	varies by branch	880 kcal	7
The Big Veggie Breakfast Grilled halloumi slices with poached, fried or scrambled eggs, grilled tomatoes, mushrooms, avocado, baked...	varies by branch	922 kcal	4

Extras

ITEM	PRICE	CALORIES	ALLERGENS
Baked Beans Good for your heart...	varies by branch	81 kcal	—
Chicken Sausage A flame-grilled chicken sausage.	varies by branch	236 kcal	7
Egg Poached, fried or scrambled.	varies by branch	141 kcal	2
Grilled Tomato Halved and grilled.	varies by branch	97 kcal	—
Hash Browns Sprinkled with PERi-Salt and served with chilli jam on the side.	varies by branch	298 kcal	—
Mushrooms Juicy, roasted mushrooms.	varies by branch	187 kcal	—

Drinks

ITEM	PRICE	CALORIES	ALLERGENS
Americano Espresso's taller cousin. Made with two shots and hot water. Add cold milk for a White Americano. Our...	varies by branch	0 kcal	1
Beavertown Lazer Crush Alcohol Free IPA ABV 0.3%, 330ml. Light on alcohol, heavy on flavour with zesty orange and grapefruit.	varies by branch	89 kcal	1
BERO Kingston Golden Pils ABV 0.5%, 330ml. Crisp, refreshing and low in alcohol.	varies by branch	83 kcal	1
Black's Kinsale Pale Ale ABV 5%, 440ml. A malty sweet ale with a tropical twist.	varies by branch	150 kcal	1

ITEM	PRICE	CALORIES	ALLERGENS
Bombay Sapphire Gin 6.5% ABV. Vapour infused London Dry Gin, pre-mixed with crisp, fizzy tonic water.	varies by branch	145 kcal	—
Bottle of Coca-Cola 500ml. Coca-Cola Original Taste. It's a classic.	varies by branch	210 kcal	—
Bottle of Coke Zero 500ml. Classic Coke, without the sugar.	varies by branch	2 kcal	—
Bottle of Diet Coke 500ml. For your Diet Coke break.	varies by branch	2 kcal	—
Bottle of Dr Pepper Zero 500ml. This Doctor calls back...	varies by branch	3 kcal	—
Bottle of Fanta Zero 500ml. Fanta with no ice. Discuss?	varies by branch	15 kcal	—
Bottle of Sprite Zero 500ml. Refreshing and lemony.	varies by branch	5 kcal	—
Bottomless Coca-Cola Just keep filling, just keep filling.	£3.95*	126 kcal	—
Bottomless Coke Zero Just keep filling, just keep filling.	£3.95*	1 kcal	—
Bottomless Diet Coke Just keep filling, just keep filling.	£3.95*	1 kcal	—
Bottomless Dr Pepper Zero Just keep filling, just keep filling.	varies by branch	2 kcal	—
Bottomless Fanta Just keep filling, just keep filling.	£3.95*	57 kcal	—
Bottomless Fanta Zero Just keep filling, just keep filling.	£3.95*	9 kcal	—
Bottomless RUBRO Peach Iced Tea Just keep filling. Refreshing caffeine-free peach iced tea made with South African Rooibos.	varies by branch	51 kcal	—
Bottomless Sprite Zero Just keep filling, just keep filling.	£3.95*	3 kcal	—
Camden Pale Ale 4% ABV. 330ml. A dry-hopped beer with a fruity flavour.	varies by branch	122 kcal	1
Cappuccino Double espresso with steamed and frothed milk. Our coffee's made with 100% Arabica beans and supports growers...	varies by branch	54 kcal	1
Cloudy Lemonade 300ml. Our refreshing still lemonade with a hint of lime.	£4.25*	51 kcal	—
Coca-Cola Classic A glass of Coca-Cola Classic. Still thirsty? Help yourself to any of our low-sugar, Bottomless Soft Drinks.	varies by branch	126 kcal	—

ITEM	PRICE	CALORIES	ALLERGENS
Creative Block 2 (South Africa) ABV 13.5%. A crisp Sauvignon Blanc blend with gooseberry and lime flavours.	varies by branch	585 kcal	1
Creative Block 5 (South Africa) ABV 14%. Full-bodied Cabernet Sauvignon and Merlot blend with blackberry, blackcurrant and dark chocolate...	varies by branch	638 kcal	1
Double Espresso Double the fun. Our coffee's made with 100% Arabica beans and supports growers in East Africa. It's a medium...	varies by branch	0 kcal	—
Earl Grey Tea A blend of Teapig's English breakfast and bergamot tea. Served with a side of milk.	varies by branch	16 kcal	1
Espresso Our coffee's made with 100% Arabica beans and supports growers in East Africa. It's a medium roast with notes...	varies by branch	0 kcal	—
Everyday Brew English breakfast tea, brought to you by Teapigs. Served with a side of milk.	varies by branch	16 kcal	1
Fairtrade Hot Chocolate Rich, velvety and Fairtrade.	varies by branch	185 kcal	1
Freedom Pils ABV 4.4%, 330ml. A citrusy pilsner with a modern twist.	varies by branch	119 kcal	1
Galão Double espresso with hot milk, a Portuguese favourite.	varies by branch	36 kcal	1
Honeybush & Rooibos Tea A South African classic, brought to you by Teapigs. Slightly sweet and caffeine-free.	varies by branch	0 kcal	1
Irn Bru A Scottish legend.	£2.75*	95 kcal	—
Karma Drinks Gingerella 300ml. Organic sparkling ginger beer.	£3.50*	60 kcal	—
Latte Double espresso and steamed milk, topped with even more foamed milk. Our coffee's made with 100% Arabica...	varies by branch	83 kcal	1
Mimosa ABV 6.9%. Sparkling wine and orange juice. Cling cling.	varies by branch	84 kcal	1
MOMO Elderflower Kombucha [kom-boo-tcha]: Light and refreshing kombucha with hints of apple and elderflower and a little fizz.	£4.50*	63 kcal	—
Orange Juice It's the OJ.	£2.80*	133 kcal	—
Pink Berry Crush A strawberry slushie with hints of blackcurrant and lemon.	varies by branch	234 kcal	—

ITEM	PRICE	CALORIES	ALLERGENS
Portuguese Sparkling Wine ABV 11.5%. Light, fresh and aromatic with a hint of citrus.	varies by branch	105 kcal	1
RUBRO Berry Iced Tea 300ml. Caffeine-free berry iced tea made with South African Rooibos and all natural flavours.	£3.50*	51 kcal	—
RUBRO Lemon Iced Tea 300ml. Caffeine-free lemon iced tea made with South African Rooibos and all natural flavours.	£3.50*	51 kcal	—
RUBRO Peach Iced Tea 300ml. Caffeine-free peach iced tea made with South African Rooibos and all natural flavours.	£3.50*	51 kcal	—
Sagres ABV 5%, 330ml. Portugal's favourite golden lager.	varies by branch	129 kcal	1
Sagres Draught Half Pint ABV 5%. Portugal's favourite golden lager. On tap.	varies by branch	111 kcal	1
Sagres Draught Pint ABV 5%. Portugal's favourite golden lager. On tap.	varies by branch	222 kcal	1
Savanna Beach ABV 4.5%. Absolut vodka, mixed with coconut, pineapple and a hint of lime, crushed over ice. Sounds slush.	varies by branch	222 kcal	—
Sparkling Water 500ml. Haters gonna hate.	£3.25*	0 kcal	—
Spier Cabernet Sauvignon (South Africa) ABV 14%. Rich berries and oak with a hint of spice.	varies by branch	200 kcal	1
Spier Chardonnay (South Africa) ABV 13.5%. Smooth with citrus and tropical flavours.	varies by branch	185 kcal	1
Spier Merlot (South Africa) ABV 13.5%, 250ml. Fresh and fruity with red and dark berries.	varies by branch	203 kcal	1
Spier Rose (South Africa) ABV 12.5%, 250ml. A crisp South African rosé with hints of strawberries, grapefruit and ripe peach.	varies by branch	188 kcal	1
Spier Sauvignon Blanc (South Africa) ABV 13%, 250ml. Fresh gooseberry and passionfruit flavours.	varies by branch	190 kcal	1
Still Water 500ml. Stay hydrated.	£3.25*	0 kcal	—
Strawberry Sunset ABV 4.5%. Absolut vodka, mixed with strawberry, blackcurrant and a hint of lemon. Hot pink but keeps cool.	varies by branch	214 kcal	—
Sxollie Cider ABV 4.5%, 500ml. Fresh out of Western Cape, South Africa. It's sweet, crisp and made with 100% Golden...	varies by branch	290 kcal	1
Teapigs Peppermint Tea It's mint.	varies by branch	0 kcal	1

ITEM	PRICE	CALORIES	ALLERGENS
The Pickle House Bloody Mary 5% ABV. 200ml. The ultimate Bloody Mary, with a spicy kick.	varies by branch	82 kcal	1
Tropical Crush A pineapple and coconut slushie with a hint of lime.	varies by branch	246 kcal	—
White Americano Served with cold milk.	varies by branch	16 kcal	1

Desserts

ITEM	PRICE	CALORIES	ALLERGENS
Choc-A-Lot Cake Layers of rich and indulgent chocolate between moist chocolate sponge. Served with pouring cream.	£5.25*	425 kcal	5
Gooey Caramel Cheesecake Rich, creamy caramel cheesecake on a buttery biscuit base. Served with pouring cream.	£5.25*	464 kcal	5
Mango Gelado That's Portuguese for ice cream.	£3.50*	93 kcal	3
Ultimate Chocolate Brownie A soft, fudgy brownie with white, milk and Belgian dark chocolate chunks, covered in a chocolate ganache and...	varies by branch	635 kcal	5

Where these figures come from. Prices: third-party: hot-menus (43); third-party: hot-menus,menupricesuk (41); third-party: hot-menus,menupricesuk,menuspot (13); third-party: hot-menus,menuspot (2).

* marks a price taken from a dated third-party listing rather than the chain itself. A shared kitchen means cross-contact is always possible, so ask staff in the restaurant if an allergy is severe.

Compiled September 2026 by ukmenuprices.co.uk. The live page for this chain is ukmenuprices.co.uk/nandos-menu-prices.